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## ALEXANDER HOUSE



### CATERED SPA WEEKEND

**Relax, put your feet up, have a glass of something bubbly in the hot tub. This weekend is all about your relaxation and wellbeing.**

#### DAY ONE

**Arrive at Alexander House, from about 5pm**

Settle yourselves into your rooms. In your bedrooms you will find fluffy white dressing gowns and slippers, ready for your chill out day tomorrow, and a wee welcome gift from the AH Team. Don't forget to check out the house layouts to allocate your bedrooms before you arrive. [www.alexanderhousescotland.com/the-house/floor-plan/](http://www.alexanderhousescotland.com/the-house/floor-plan/)

#### **Dress for Supper**

Join everyone for Prosecco cocktails, served in the Drawing Room, followed by a relaxed kitchen buffet supper, either a Turkish Mezze or an Italian Buffet.

**And so to bed. Sleep well!**

## **DAY TWO**

Wake up for a leisurely Continental Breakfast, served between 9.30 and 10.30am.

Your group will be split into two for your Spa Masterclasses with Hydrating Aloe Vera Facial, the first starting at 11am, finishing at lunch, your second starting at 2pm, finishing in time for a slice of cake and a cup of tea. (Remember to leave a little space, as you've got dinner to come!)

### **Lunch**

A light lunch of sandwiches and soup is served at 1pm.

Throughout the day, make use of the hot tub and swimming pool (heated even in winter), or dip your toes into one of our relaxing foot baths.

### **Dress for Dinner**

7.30pm – meet in the Drawing Room for pre-dinner Canapés, with 3 course dinner served promptly at 8pm in the Dining Hall.

After dinner, retire to the Drawing Room again, for teas, coffees and a selection of petits fours.

## **DAY THREE**

Sunday morning(ish) – Brunch will be served at 1pm. Why get up when you don't have to? (Don't worry, cereal and fruit will be available for a slightly earlier breakfast if you can't wait for Brunch!).

### **Time to set off for home.**

Depart by 4pm.